Virtual First: Communication Kit

Conflict scorecard

Is your conflict worth a 1:1 discussion? Fill out the scorecard to find out.

? Ask yourself...

✎ Score it

Yes, totally = 2

Kind of = 1

Not so much = 0

Is it preventing you or your team from doing great work (vs minimally disruptive)?

_____

Is it draining a lot of emotional energy?

_____

Is it adding a lot of extra work?

_____

Is it consistent and patterned (vs a one-time thing)?

_____

Is it disrespectful or hurtful (vs a little annoying)?

_____

Is it your conflict to solve (vs someone else's)?

_____

Will addressing it help the both of you grow?

_____

Will not addressing it hurt your relationship?

_____